USA Gymnastics
REGION 4

REGION IV USA GYMNASTICS
2023 LEVEL 9-10-HP TRAINING CAMPS

R4 TRAINING CAMP
Oct. 13-15, Legacy Gymnastics
Eden Prairie, MN

R4 HIGH PERFORMANCE CAMP
NOV. 3-5, University of Iowa
Iowa City, IA

2023 LEVEL 9-10-HP CAMP MASTER CLINICIANS INCLUDE:

R4 TRAINING CAMP

Oleksii Koltakov
University of Nebraska

Tom Stevens
Team Central

Paige Roth
Iowa Gym Nest

Lexy Ramler
U. of Minn. Alum

R4 HP CAMP

Jamie Wysong
Southern Utah University

Whitney Snowden
University of Missouri

Jessa Hansen-Parker
University of Iowa

(Additional Clinicians to be Announced.)

GET A HEAD START ON THE 2023-2024 SEASON...

JOIN US FOR CAMP!

USA Gymnastics REGION 4

REGISTRATION:
Please use the USA Gymnastics Meet Reservation system (USA Gym Sanction info below) to register your athletes for each event. Following your reservation in the USA Gym system, you will be directed to the MeetMaker website to complete the registration process. All athletes must have a registered coach on site (with active USA Gym Membership) for the duration of camp.

R4 TRAINING CAMP: Oct. 13-15 at Legacy Gymnastics in Eden Prairie, MN
Sanction #86979, Registration opens 8/15/23
Cost: $225 (Includes R4 Leo); Open to Athletes with Lv. 9-10 Competition Experience
Refund Deadline: Full refund on/before 9/15/23; 50% on/before 9/29/23
Registration will remain open until camps are filled; athletes must be registered by 9/8/23 to receive camp leotard on site.

Schedule:
- Fri. 4:00pm-9:00pm
- Sat. 8:30am-12:30pm; 1:30pm-5:30pm
- Sun. 8:30am-1:30pm

HIGH PERFORMANCE CAMP: Nov. 3-5 at University of Iowa
Sanction #86980, Registration opens 8/15/23
Cost: $225 (Includes R4 Leo); Open to L10 Nat'l Qualifiers & L9 Western Top 10 AA
Refund Deadline: Full refund on/before 10/6/23; 50% on/before 10/20/23
Registration will remain open until camps are filled; athletes must be registered by 9/29/23 to receive camp leotard on site.

Schedule:
- Fri. 4:00pm-9:00pm
- Sat. 8:30am-12:30pm; 1:30pm-5:30pm
- Sun. 8:30am-1:30pm

Registration limited to active USA Gymnastics Members only.